

# SILENT AUCTION

## 1. TWO NIGHTS AT THE COTTAGE FOR TWO.

The Cottage Bed and Breakfast in Decatur, GA, is in a quiet neighborhood. It is a private space overlooking the garden. The upper floor features a sitting room with a coffee bar with sink and refrigerator and a full size washer and dryer. The bedroom has two twin beds, a luxurious soaking tub and a large walk-in closet. Downstairs is a full kitchen, an exercise



**Value \$350.00 Min Bid \$290.00**  
**Donated By Betsy Lamoureux**

room and a second bath with a large walk-in shower. A beautiful sun porch and deck are available for your use.

## 2. SOUND, SEA & CHAMPAGNE!

Experience a 3-Hour Tour in beautiful Sarasota Bay and the Gulf of Mexico with ISTA Founder Mandara Cromwell, President Don Simmons, and catered by Private Chef and ISTA



Angel Tina Rae Fusco.\* Enjoy sailing the waters as you let the Sounds of Nature, Tibetan Bowls and Tuning Forks take your Spirit to new levels of Healing and Joy. This 31' Hunter

sailboat will take four guests on the cruise of their life while supporting ISTA in its mission. Cost does not include travel to/ from Sarasota, Florida, or local accommodations.

*\*Cromwell and Fusco are contingent upon their availability in your desired time frame.*

**Value \$550.00 Min Bid \$450.00**  
**Donated By Don Simmons**

## 3. A MOUNTAIN RETREAT WITH MODERN CONVENIENCES.



Enjoy the serenity of watching the mountains emerge from the mist as you sit on the deck and savor your morning coffee. Sleep sounder and longer in the fresh mountain air. Just an hour and a half to two hours from Atlanta,

Greenville and Asheville. Conveniently located for shopping and adventures. Great Views off of any of the three decks. Master Bedroom has a queen bed, sitting area and Jacuzzi tub. Guest bedrooms have (1) queen, (1) queen and (2) twin beds. Central heat and air. Washer and Dryer. Full Kitchen. Satellite television and free Wi-Fi. Smoking permitted outside. No pets please. If you find that you really want to leave the cabin, we are located close to wonderful mountain towns like Dillard, Clayton and Highlands, NC. Horseback riding, rafting, hiking and fishing are all a short drive away.

**Value \$650.00 Min Bid \$400.00**  
**Donated By Chris and Sunny Turner**

## 4. FEEL GOOD NOW! BOOK & WELLNESS CONSULT



This includes a copy of the the book: "Feel Good Now!" and a 60-minute wellness phone consult with Dr. Samuel A. Mielcarski, DPT. Dr. SAM has helped thousands of people overcome their health

challenges and attain a higher quality of life. Let him help guide you back to better health as well!

**Value \$150.00 Min Bid \$50.00**  
**Donated By Dr. Samuel A. Mielcarski**

## Drink from the Fountain of Youth!

Distributed by:  
Cullasaja Distributing  
828-249-3818

# Infiniti<sub>H2O</sub>

**More than Just Water**  
Bottled at the Source by  
Indian Hills Spring Water  
Murphy, NC

ENERGIZED, STRUCTURED SPRING WATER  
Frequency-Enhanced with Vitamins & Minerals

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## 5. DREAM ANALYSIS

The best show in town is playing right inside your own head! Did you know that when you dream of other people it's not



always about them – it may be pointing out a trait of theirs that you have but don't recognize. Did you know that when you dream about water it represents your

spiritual state? Did you know that dreaming of driving a car is about your driving ambition – you better be the one in the driver's seat! Learn more through a dream analysis – the results may surprise you! Empowered By Source, LLC [www.empoweredbysource.com](http://www.empoweredbysource.com)

**Value \$50.00 Min Bid \$25.00**

**Donated By Alison Mills-Long**

## 6. ANIMAL COMMUNICATOR SERVICES PACKAGE



\* Talk with your animal answering questions that you have for your pet (horse, cat, dog, snake, etc). "All Gods Creatures Have A

Voice" \* Healing Touch for Animals assessment and energy healing session.

**Value \$175.00 Min Bid \$50.00**

**Donated By Caroline Lusky**

## 7. DOTERRA SPORTS TRAVEL KIT

Fractionated Coconut Oil, 3.8 oz; Lip Balm- Peppermint and Wild Orange, .15 oz; Deep Blue Polyphenol Complex, 30 pills;



Deep Blue Oil, 5ml; Deep Blue Rub sample packs; Peppermint Beadlets, 125 beadlets; Athlete's Kit - (Deep Blue Rub Lotion; Breathe, 5ml; Melaleuca, 5ml; OnGuard, 5ml; Peppermint, 5ml; Lavender, 5ml; Product Guide; doTerra Opportunity; Certified

Pure Therapeutic Grade; Basket/Grass

**Value \$225.00 Min Bid \$135.00**

**Donated By Ayn Barkshadt**



## 8. DOTERRA INTRODUCTORY ESSENTIAL OILS KIT

Aromafer Diffuser; Lip Balm – Peppermint and Wild Orange, .15 oz; Unscented Hand and Body lotion, 6.7 oz; Sample pack of Shampoo and Conditioner; Introduction 3 pack of Oils – Lavender, 5ml; Lemon, 5ml; Peppermint, 5ml; Product Guide; doTerra Opportunity; Essential Skin

Care; Certified Pure Therapeutic Grade; Introduction to Essential Oils CD

**Value \$60.00 Min Bid \$35.00**

**Donated By Ayn Barkshadt**



## 9. 60 MINUTES OF SOUND THERAPY SESSION

With Tibetan Singing bowls by Izabela who is certified Sound Therapist with many years experience.

**Value \$60.00 Min Bid \$30.00**

**Donated By Izabela Gannon**



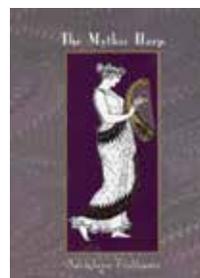
## 10. 60 MINUTE SOUND TREATMENT WITH SINGING BOWLS, TUNING FORKS AND CYMATHERAPY

I have a location in Tucker and Buckhead.

**Value \$85.00**

**Min Bid \$35.00**

**Donated By Daniel Bastacky**



## 11. "THE MYTHIC HARP" BOOK

This exciting hard cover book is filled with myths, stories, pictures and music that best describe the timeless magic and allure of this very ancient and noble instrument. The sacred symbolism of the harp as a mystic ladder, that unites this world and the next, is also described in the delightful, thematic narrative.

**Value \$22.95 Min Bid \$10.00**

**Donated By Sarajane Williams**

***Everything owes its existence solely and completely to sound.***

—Peter Guy Manners

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## 12. A 1 HOUR SACRED SOUND SESSION WITH MICHAEL BURKE

At your location. Includes vibrational massage with gongs, bells, bowls, chimes, chanting, spoken word and more. Release and rejuvenate. Restore and

remember. Your true essence is one of Wholeness. Allow Michael to caress you into a blissful atmosphere with his talented channeling of the divine vibration that flows through him, and upon you.

**Value \$150.00 Min Bid \$90.00**

**Donated By Michael Burke**



## 13. BEAUTIFUL 16" SHAMANIC DEER SKIN MAPLE FRAME DRUM

Includes a custom alder wood drum beater adorned with golden rutulated quartz. This drum is handmade in tradition by Shamanic Practitioner, Allison Summers, of Soul Rhythms.

**Value \$440.00 Min Bid \$250.00**

**Donated By Allison Summers**

## 14. ABSOLUTE BEGINNER YOGA CLASS AT CALLANWOLDE FINE ARTS CENTER

10 week session (one hour class)

**Value \$150.00**

**Min Bid \$150.00 Taught By Kate Holland**



## 15. A PACKAGE OF FIVE FACIAL REJUVENATION TREATMENTS



The Ancient Art of Facial Reflexology combined with Advanced Sound Technology, AMI – Acoustic Meridian Intelligence with Kate Holland in Decatur Office

**Value \$250.00**

**Min Bid \$250.00**

**With Kate Holland, CCP**

## 16. ONE HOUR SOUND CONCERT/CELEBRATION



Performed by Jeanie Ward, Dynamic Sound Practitioner, Mindfulness Meditation Facilitator, Inspirational Speaker, and Author. Through the

use of Tibetan and Crystal Bowls, Gongs, and other Sacred Sound Instruments enjoy this nurturing, revitalizing, and soothing experience for mind, body, and spirit with friends, family, and/or colleagues. I come to your location (home, office, special event). Treat yourself and others to this invaluable experience!

**Value \$250.00 Min Bid \$150.00 Donated By Jeanie Ward**

## 17. EXPERIENCE A FULL HOUR OF GB2 IN YOUR PRIVATE HOME!

That's right we come to you. At an agreed upon time, GB2 - Gongs, Bells & Bowls will come to your home or venue of your choice to perform the famous and popular

GB2 Experience. Imagine a dinner party, a social event or just a relaxed evening ... the ISTA Sound Practitioners will create a magical moment of Sound for you and your friends. Be WOWED ... and be proud you are supporting one of the most advanced methods of healing and the organization leading the way ... the International Sound Therapy Association!

**Value \$300.00 Min Bid \$225.00 Donated By ISTA - Don Simmons**



## 18. ONE PSYCHIC READING PLUS ONE CHAKRA BRACELET

Good at any Big Psychic Fair at Harmony Place Spiritual Center, 1035 Green St, Roswell, GA 30075. Phone: 678-52-9607. Always the first weekend of each month. Redeemable any month.

**Value \$35.00 Min Bid \$15.00 Donated By Gloria Parker**

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## 21. THIRTY MINUTE TELEPHONE READING

30 Minutes with Renowned International Psychic Medium, Medical Intuitive, Author, and Sound Practitioner Cheryl Anne McGill, "The Psychic Medium Who Got Ten Times More Positive Reviews Than Over 400 Psychics & Mediums", as listed on BestPsychicMediums.com. Tested as a "Genuine and Legitimate" Psychic Medium, Cheryl Anne works internationally to connect loved ones in all dimensions of space and time, and as a Psychic to offer insight into relationships, finance, health, and career. For more information on Cheryl Anne, and about Client Testimonials please visit <http://www.bestpsychicmediums.com/CherylAnne-Article.htm>



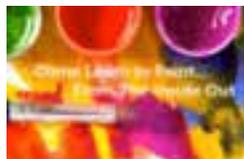
**Value \$270.00**  
**Min Bid \$180.00**  
**Donated By Cheryl Anne McGill**

## 22. THIRTY MINUTE TELEPHONE READING

30 Minutes with Renowned International Psychic Medium, Medical Intuitive, Author, and Sound Practitioner Cheryl Anne McGill, "The Psychic Medium Who Got Ten Times More Positive Reviews Than Over 400 Psychics & Mediums", as listed on BestPsychicMediums.com. Tested as a "Genuine and Legitimate" Psychic Medium, Cheryl Anne works internationally to connect loved ones in all dimensions of space and time, and as a Psychic to offer insight into relationships, finance, health, and career. For more information on Cheryl Anne, and about Client Testimonials please visit <http://www.bestpsychicmediums.com/CherylAnne-Article.htm>

**Value \$270.00 Min Bid \$180.00**  
**Donated By Cheryl Anne McGill**

## 23. PAINTING CLASS



Join me for a day of fun, creativity and relaxation. Move through your blocked energy, emotions and creativity that keep you from living the life you would love! [www.joycedillon.com/events](http://www.joycedillon.com/events); Cell - 404-824-7332 [jjdillon@mindspring.com](mailto:jjdillon@mindspring.com).

**Value \$65.00 Min Bid \$50.00 Donated By Joyce Dillon**

***"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."***

—Nikola Tesla



## Happy 10th Anniversary ISTA!

## 24. BUSINESS COACHING SESSION

I offer a transformative life and entrepreneurial business coaching session for professional women who want to clearly define their vision, dreams or goals so they can create a new business or move forward with their current business. Phone: 404-881-1322

**Value \$250.00 Min Bid \$200.00**  
**Donated By Joyce Dillon**



## 25. GROUP SOUND MEDITATION

60 Minute Group Sound Meditation facilitated by Jeanie Ward, Dynamic Sound Practitioner, Mindfulness

Meditation Facilitator, Inspirational Speaker, and Author. A journey into sound is a gift to your mind, body, and spirit. Allow Jeanie's relaxing voice, together with the waves of Tibetan and Crystal Bowls, Gongs, and other Sacred Sound Instruments, to create profound relaxation, and promote a peaceful meditative state for your group. Facilitated at your quiet, undisturbed location. Limited to 10 people

**Value \$250.00 Min Bid \$150.00**  
**Donated By Jeanie Ward**

## 26. DETOX THE AIR BOOK

Book - Detox the Air in Your Home by Stephen Andrews and Beth Jarrett.

**Value \$24.95**  
**Min Bid \$15.00**  
**Donated By Dr. Monica O'Sullivan**

